

to prevent suicides (6,000 per year successful, with an estimated ten times as many attempts) and part simple accounts of how to help people in distress. de Berker contributes a chapter on befriending those suffering from guilt, and other chapters discuss depression, loneliness and sexual difficulties. *Christians and Social Work* by

Kathleen Heasman (S.C.M. Press, 8s. 6d.) looks at the need for social work in a welfare state, touches on group counselling at Pollington Borstal and Claybury Mental Health, and talks about the layman's approach to counselling or casework. People's problems inside prisons are no different from those outside.

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## CONTRIBUTORS

A. TAYLOR is an officer at Camp Hill. Apart from cartooning, his interests are the study of birds and animals.

A. F. RUTHERFORD qualified in social studies and criminology at Durham and Cambridge. He has been an assistant governor at Hewell Grange borstal since 1962.

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For some years he has been secretary at the Harrogate committee of the West Riding Discharged Prisoners Aid Society, frequently visits Thorp Arch prison and co-operates with the Probation Service, local Guild of Help and other bodies in voluntary after care work. His wife is a magistrate.

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### Pen Pal Please

Mr. C. K. AGBALE, a 24-year-old Ghanaian prison officer, working in Accra borstal (P.O. Box 129) wishes to have a pen friend in the United Kingdom.